



'Decarbing' cannabis & Cannabutter

INGREDIENTS

1 cup butter

1 cup water

7 grams cannabis flower
(popcorn sized or small floret
sized nugs)

DIRECTIONS

- Pre-heat oven to 245° F
 - Cover an oven safe tray with parchment paper
 - Spread out cannabis flower on the tray
 - Insert tray into the oven for 30-40 mins
 - Every 10 mins mix up the flower on the tray
 - Take out when flower is evenly browned
 - Allow decarboxylated flower to reach room temperature
- } *The 'Decarb' Process*
- **Add 1 cup of butter and 1 cup of water to a saucepan and melt**
 - **Add 1 cup of popcorn sized or small floret sized cannabis flower**
 - **Let mixture simmer over low heat (160-200° F) for 2-3 hours**
 - **Stir occasionally**
 - **Strain the cannabutter using cheesecloth**
 - **Refrigerate butter**



'Decarbing' cannabis & Cannaoil

INGREDIENTS

1 cup oil
7 grams cannabis flower
(popcorn sized or small floret
sized nugs)

DIRECTIONS

- Pre-heat oven to 245° F
- Cover an oven safe tray with parchment paper
- Spread out cannabis flower on the tray
- Insert tray into the oven for 30-40 mins
- Every 10 mins mix up the flower on the tray
- Take out when flower is evenly browned
- Allow decarboxylated flower to reach room temperature

} *The 'Decarb'
Process*

- **Add 1 cup of oil to a saucepan**
- **Add 1 cup of popcorn sized or small floret sized cannabis flower**
- **Let the mixture simmer for 2-3 hours over low heat (160-200° F)**
- **Stir occasionally**
- **Strain the cannaoil using cheesecloth**
- **Refrigerate butter**

Potency & Dosing notes



- When you decarboxylate flower you are converting **THCA** to **THC**.
- Reference the label on your flower. Multiply the THCA % by 0.88 to get the total amount of THC available after decarboxylation.
- The extraction of cannabinoids into oil isn't perfect. Ideally 40-60% of the cannabinoids are extracted into the oil.
- Some oils are better at extracting than others. Butter and Coconut oil are the most ideal while vegetable oil and canola oil are less efficient.
- The only True/Accurate way to determine the potency of your extract is to have it lab tested.